

Lubowa Newsletter Mid-Term 3 25-26



Updates from the CEO
pg. 1



Acorns Exchange
Programme pg. 4



Earth Day pg. 6



Message from the CEO

Acorns is turning 30! As Acorns approaches this important milestone, we pause with immense gratitude and pride for the journey we have shared as one community.



What began as a small preschool with a dream in 1996 has grown into a thriving learning community across four campuses, touching the lives of thousands of students, families, educators, and alumni. Yet beyond the growth in numbers and campuses, our greatest achievement has always been the people and relationships that make Acorns what it is today.

This year, as we celebrate Acorns@30, we have chosen wellbeing as the heart of our celebrations. Over the next 30 days, all four Acorns campuses — Kisaasi, Bunga, Kigali, and Lubowa — will come together through our “30 for 30” Wellbeing Initiatives: thirty meaningful activities and experiences designed to positively impact our students, staff, parents, and wider community.

Some initiatives will be simple acts of kindness and connection. Others will involve community outreach, celebrations, wellness experiences, and opportunities to give back. Together, they represent our belief that strong, happy communities are built through compassion, care, and shared experiences.

And while we are excited to unveil these initiatives one by one over the next 30 days, we are also preparing something very special for our entire Acorns community on our official celebration day — 19 June. For now... we will keep that surprise under wraps.



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| 1. 1000 Trees - Earth Reboot | 11. Voices of Inclusion Podcast | 21. Visit to AKU Hospital |
| 2. Zumba with Parents | 12. Groove and Glow | 22. Teachers Recreation Retreat |
| 3. Family Wellbeing Hour | 13. Keeping Ggaba Clean | 23. Fit and Fun Fiesta |
| 4. Digital Detox | 14. Family Football Match | 24. Gratitude Board |
| 5. Healing Garden | 15. Podcast with Wonder JR | 25. Wellness Warriors Outreach |
| 6. CTRL+ALT+(DIS)CONNECT | 16. Kitchen Staff Appreciation | 26. Caring for Ourselves |
| 7. Family Tree of Wellbeing | 17. Healthy Workplace, Happy Teams | 27. Green Umuganda |
| 8. Sunset Movie Hour | 18. Reading to the Community | 28. Play Therapy for Teachers |
| 9. Learning Beyond the Walls | 19. Pages of Purpose Book Drive | 29. Internet Safety Talk |
| 10. Clean Water for Healthy Community | 20. Young Changemakers Empowering Communities | 30. Restoring Homes, Strengthening Community |

Your contributions support high-impact wellbeing initiatives at Acorns schools and in the community.

<p>Gold Partner Legacy Impact</p> <p>Contribution: UGX 5,000,000 (in cash or in kind)</p>	<p>Silver Partner Sustained Support</p> <p>Contribution: UGX 2,000,000 (in cash or in kind)</p>	<p>Bronze Partner Community Contributor</p> <p>Contribution: UGX 1,000,000 (in cash or in kind)</p>
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May - June 2026
Acorns International School - Kisaasi
ceo@acornsschools.com

#Acorns30for30

Physical	Social	Academic	Digital	Workplace	Family	Environment
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As part of the Acorns@30 celebrations, the Acorns Board of Governance will proudly present special Staff and Student Recognition Awards to honour individuals who continue to inspire and empower our community through their dedication, excellence, leadership, and service. Staff recognition categories will include each campus's Longest-Serving Staff Member and the Top-Voted Member from each department. Student award categories will include Outstanding Community Service, Academic Achievement, Sportsmanship, and more. We will also recognise members of the wider community who support our initiatives and contribute to our day-to-day activities.

So stay tuned as we begin this beautiful journey of celebration, reflection, gratitude, and wellbeing together.

Ameena Lalani
Chief Executive Officer

Email: ceo@acornsschools.com

Message from the Head of School

Greetings

As we reach the midpoint of this term, I find myself filled with gratitude for the energy, growth, and warmth that continues to define life at Acorns Lubowa.

New Head of Admissions

I am delighted to extend a heartfelt welcome to Ms. Rumina, who joins us as our new Head of Admissions. Ms. Rumina brings with her a wonderful spirit and a genuine passion for connecting families with the right learning environments for their children. We are truly fortunate to have her as part of our team, and I know she will be a wonderful addition to the Acorns family. Please do say hello when you see her!



Acorns Exchange Programme

This term also brought with it a milestone we are incredibly proud of — the third cycle of the Acorns Exchange Programme, hosted right here at Lubowa Campus. It was a joy to welcome learners and teachers from our Acorns Kisaasi and Bunga campuses, and a very special joy to receive our Acorns Kigali community, who travelled all the way from Rwanda to be part of this experience. That journey — across borders and miles — speaks volumes about the spirit of togetherness that binds our Acorns family.

This cycle's theme, *Leaders at Heart: Leading with Wellbeing, could not have been more fitting. Watching our young learners explore what it means to lead from a place of care — for themselves and for others — was truly moving. The conversations, connections, and friendships formed during the Exchange are exactly the kind of experiences we hope will stay with our children long after they leave our classrooms.

Thank you to every teacher, parent, and learner who made this term so rich. There is much more still to come.

Looking Ahead: End of Year Exam

As we approach end-of-year assessments, we know this season can feel busy for families. Here are a few simple ways to support your child:

- Celebrate effort, not just results — praising hard work builds confidence and a love for learning.
- Create a simple revision routine — short, regular study sessions are more effective than cramming.
- Protect sleep and rest — a well-rested brain learns and remembers better.
- Keep meals healthy and regular — balanced meals and plenty of water help children stay focused.
- Manage screens and distractions — provide a calm, quiet study space where possible.
- Keep communication open — encourage your child to share how they are feeling and reassure them of your support.
- Partner with us — if your child is struggling in any subject, please reach out to their teacher.



Sehrish Ali
Head of School

Email: headofschool@acornslubowa.com

Message from the Head of Secondary

Acorns International School is an authorised Cambridge International School, offering programmes from Early Years through Cambridge Primary, Lower Secondary, Upper Secondary, and A-levels. The Cambridge curriculum sets a global benchmark for education and is recognised worldwide. It is flexible, challenging, and inspiring, encouraging students to develop an informed curiosity and a lasting passion for learning a quality we proudly see reflected in our learners at Acorns Lubowa.

At Acorns, assessment is an integral part of the learning journey. We use it not just to measure performance, but to enhance teaching and learning. Our approach, Assessment for Learning, aligns teaching objectives with assessment, allowing teachers to plan effectively for both the class as a whole and individual students. This method helps learners set specific goals, understand how to achieve them, and maintain a clear focus, all while nurturing the key Cambridge learner attributes.



Patrick Ojara
Head of Secondary

Email: hodsecondary@acornslubowa.com

Message from the Head of Primary

A very warm welcome back to Term 3. It has been a real pleasure to see our students return to school with energy, curiosity, and a positive attitude towards their learning. We are delighted to have everyone back and already feel a strong sense of purpose across the Primary section.

So far this term, classrooms have been buzzing with focused learning and purposeful engagement. Students are working hard across all subjects, showing increasing independence, collaboration, and confidence in their learning. Teachers have been impressed with the commitment and enthusiasm being demonstrated day to day.

Alongside academic progress, we continue to place a strong emphasis on wellbeing. This term, we have been actively celebrating and supporting student wellbeing through classroom discussions, daily routines, and activities that encourage kindness, resilience, and positive relationships. It has been encouraging to see students looking out for one another and contributing to a supportive school environment.



Grace Cheesman-Kamoga
Head of Primary

Email: hodprimary@acornslubowa.com

Message from the Head of Administration

We are delighted with this term's progress and thank the Acorns community for your hard work and collaboration.

Family IDs:

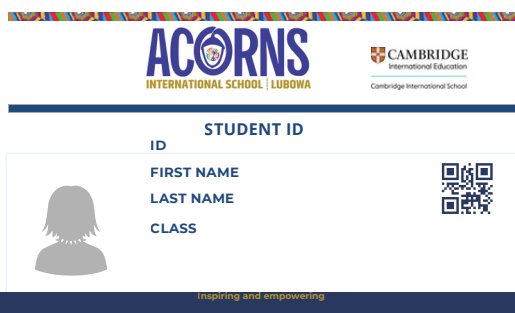
Thank you for using the new system for student pick-up and access.

For questions or additional cards, contact Ms. Racheal (admin@acornslubowa.com) or Reception (+256 747 061 003). Only parents may sign out or authorize card collection via email.

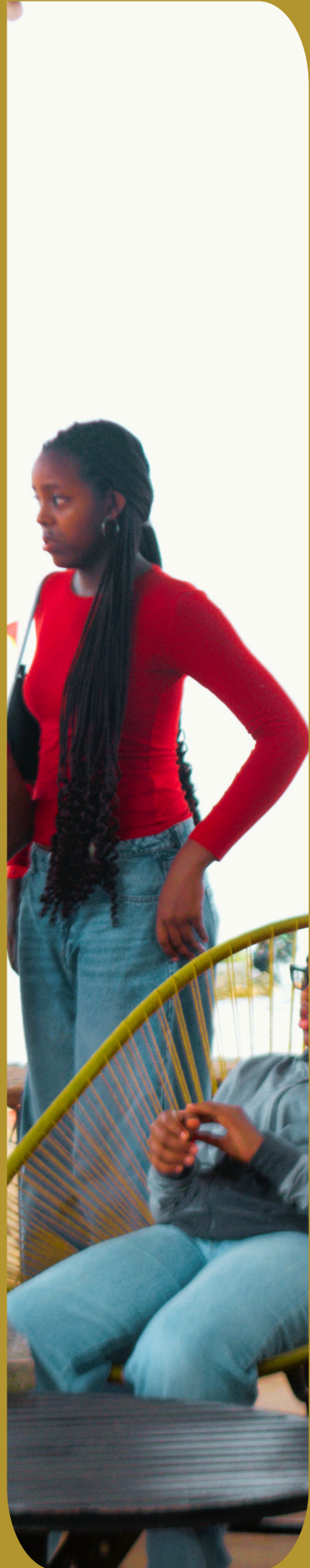


Rachel Nakaweesa
Head of Administration

Email: admin@acornslubowa.com



Acorns Exchange Program



Acorns Exchange Program



Earth Day

